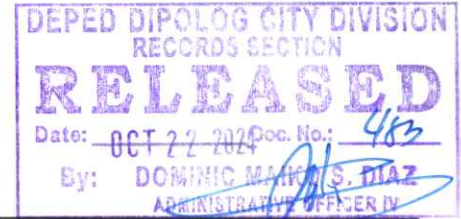




Republic of the Philippines
Department of Education
REGION IX – ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DIPOLOG CITY



October 21, 2024

DIVISION MEMORANDUM

No. 483, s. 2024

DISSEMINATION OF REGIONAL ADVISORY NO. 312, S. 2024

TO: Assistant Schools Division Superintendent
Chief of the CID & SGOD
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Principals/Head Teachers
All Others Concerned
This Division

1. Announcing the conduct of Regional Aerobic Gymnastics Training Camp on November 4-8, 2024 at the Provincial Government Complex, Dao, Pagadian City.
2. Attached is the Advisory for the information and guidance of all concerned.
3. For immediate dissemination.

MA LIZA R. TABILON EdD, CESO V
Schools Division Superintendent

Enclosed as stated



Republic of the Philippines
Department of Education
 REGIONAL OFFICE IX, ZAMBOANGA PENINSULA

DEPARTMENT OF EDUCATION

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OCT 15 2024

Office of the Regional Director

ADVISORY NO. 312 2024

October 14, 2024

In compliance with DepEd Order (DO) No. 6, s. 2013, this advisory is issued not for endorsement per DO No. 28, s. 2001 but only for the information of DepEd officials, personnel/staff, as well as the concerned public. (Visit www.depedro9.info)

REGIONAL AEROBIC GYMNASTICS TRAINING CAMP

Attached is a letter, dated October 9, 2024 from the President of the Gymnastics Association of the Philippines, Ms. Cynthia L. Carrion in partnership with the Philippine Sports Commission, announcing the conduct of the **"REGIONAL AEROBIC GYMNASTICS TRAINING CAMP"** from **November 4-8, 2024**, at the **Provincial Government Complex, Dao, Pagadian City.**

The registration form can be accessed through <https://forms.gle/iYGAA528GghvEJo49> while for membership, all interested may access <https://forms.gle/7vbNyEB9hBrownV48>

Be advised that registration and membership for the event will take place on **October 21, 2024.**

For inquiries and confirmation, you may contact **Ms. Mariz Faith C. Badana** of the local organizing committee at 0927-740-8665 or via email at zachmariusenzo@gmail.com.

Widest dissemination of this Advisory is enjoined.

Encl: As stated.

ESSD/SRBA/mbs/Adv
 072/Oct. 14, 2024

Digitally signed by Esacorde Gregorio Cruz
 Ruffant
 DN: cn=Esacorde Gregorio Cruz Ruffant,
 email=esacorde@depedro9.info, ou=Region
 IX, o=Department of Education, c=PH
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 Pres. Corazon C. Aquino Regional Government Center, Balintawak, Pagadian City, 7016

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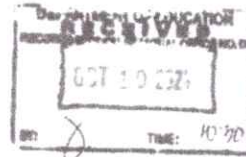




Republic of the Philippines
Department of Education
 REGIONAL OFFICE IX, ZAMBOANGA PENINSULA



BEYOND
LIMITS



October 9, 2024

DR. RUTH L. FUENTES, CESO III
 Regional Director
 DepEd Region IX

Dear Dr. Fuentes:

The *Gymnastics Association of the Philippines (GAP)*, in partnership with the Philippine Sports Commission, will hold a **Regional Aerobic Gymnastics Training Camp** in strategic provinces of the Philippines. We have chosen **Pagadian City, Zamboanga Del Sur** to host the 2nd leg of this 5-day camp from November 4 to 8, 2024. This will be open to all Aerobic Gymnastics enthusiasts from Regions IX and X and anyone who wishes to learn from this training camp. Our National Aerobic Gymnastics Team Coaches and Athletes will conduct this event in Provincial Government Complex, Dao, Pagadian City, facilitated by the *Zamboanga Del Sur Gymnastics Club* through **Ms. Mariela Parilla C. Bernal**.

Aerobic Gymnastics is one of the disciplines of Gymnastics that features a creative combination of aerobic fitness and dance choreography combined with gymnastic skills with lesser apparatus requirements. It involves high-energy cardio routines that maximize the development of all the fitness components. Aerobic Gymnastics is one of the many regular sports played at the DepEd Palarong Pambansa, PSC Batang Pinoy, and the Philippine National Games (PNG). With your support, we aim to achieve the following in this camp:

- To impart to the local teachers/coaches/trainers the technical knowledge and expertise in modern scientific methods in training potential students/athletes to achieve higher levels of Aerobic Gymnastics skills.
- To provide local teachers/coaches/trainers knowledge in preparing appropriate training work plans and strategies inherent to Aerobic Gymnastics according to the level program from grassroots to elite, including choreography and music for potential student/athletes in Individual Men, Individual Women, Mixed Pairs, Trio, Groups & AERO Dance.

In view of this, we are seeking for your utmost support in our event that would not only benefit our elite and grassroots athletes but would improve the knowledge of our local Aerobics trainers. It will be an honor to see your local Aerobics coaches, DepEd teachers, and student-athletes to attend this camp as we strongly believe on the potential of your local sport talents that may become our country's next gymnastics champions.

Yours in health and happiness,

CYNTHIA L. CARRION

President – Gymnastics Association of the Philippines
 Treasurer – Philippine Olympic Committee
 Executive Board Member – Asian Gymnastics Union
 Council Member – Federation International de Gymnastique

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Republic of the Philippines
Department of Education
 REGIONAL OFFICE IX, ZAMBOANGA PENINSULA

Aerobic Gymnastics Training Camp

Defy your limits with the Aerobics National Team

1ST LEG
 Oct. 26- 30, 2024
 Koronadal, South Cotabato

2ND LEG
 Nov. 4 - 8, 2024
 Pagadian City, Zamboanga Del Sur

Scan to register

OPEN TO GAP MEMBERS!

Kindly scan the QR code to register or you may fill out the form through this link: <https://forms.gle/0Y3AA5286qhvUto19>

This training camp is open to GAP Members only. If yet to secure a membership, fill out our membership form through this link: <https://forms.gle/7yhNyLBB9hBrownV1B>

Registrations for the camp will be open until OCTOBER 21, 2024

For more details, please contact the local organizing committee through **MARIZ FAITH C. BADANA** (09277408665).

See you there!



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