



Republic of the Philippines **Department of Education** Regional Office IX, Zamboanga Peninsula



Zest for Progress

Z al of Partnership





Time Expressions

Name of Learner: Grade & Section: Name of School:



What I Need to Know

This module was designed and written with you in mind. It is here to help you identify and use the time expressions in present tense correctly.

After going through this module, you are expected to:

- 1. Identify the time expressions that indicate an action in the present.
- 2. Write sentences using the correct time expressions to tell an action in the present.
- 3. Write a sentence about each picture using time expressions in the present tense.

The present tense of the verb is used to express an action that happens regularly or habitually.

Time expressions like every day, every week, once a month and yearly show present tense.



Directions: Choose the verb that correctly completes the sentence. Write your answers on a separate sheet of paper.

- 1. Merle (love, loves) to read books.
- 2. The teacher (use, uses) her laptop in teaching.
- 3. Fred and Linda (walk, walks) to school every day.
- 4. Some parents (help, helps) us clean the school ground.
- 5. The principal (conduct, conducts) meetings in her office.



You will be reading a story about the twin brothers. This story reminds you how important our healthy habits are. After reading it, please answer the comprehension questions below.

The Twins

by Mary Ann R. Cadalin

Elmer and Elmann are twins. They are both handsome and smart, but their daily health habits are different.

Elmer goes to bed early every night so that he can wake up at 5:00 am. He jogs around the plaza every morning. He always eats a healthy breakfast before going to school. Every day, he chooses fruits and bread for his snacks in the school canteen.

Elmann stays very late every night. He plays online games on his cellphone. He loves eating chocolates and junk foods while playing. Afraid of getting late to school, he often skips his breakfast.

One day, Elmann started feeling ill. He cannot go to school anymore. He cannot play because he is so weak. His mother brought him to the doctor. The doctor prescribed him medicines and advised him to practice healthy habits.

From then on, Elmann promised to change his ways to stay healthy.

Directions: Answer the following questions. Write your answer on a separate sheet of paper.

- 1. Who are the twins in the story?
 - A. Elmer and Elsa B. Elmer and Elmann
 - C. Elmer and Ely D. Elmann and Ely

- 2. How are the twins alike?
 - A. They both love to jog.
 - B. They both have a health problem.
 - C. They are both smart and handsome.
 - D. They both like fruits and vegetables.
- 3. Which of these practices Elmer doesn't do?
 - A. He jogs every day.
 - B. He goes to bed early every night.
 - C. He always eats healthy breakfast.
 - D. He loves eating chocolates and junk food.
- 4. Which of these is the effect of Elmann's unhealthy habits?
 - A. He becomes sick.
 - B. He becomes healthy.
 - C. He becomes a better child.
 - D. He performs better in school.
- 5. What lesson can we get from the story?
 - A. It is good to have a twin who is healthy.
 - B. Staying late every night doesn't affect our health.
 - C. Practicing healthy habits can keep us from getting sick.
 - D. Eating junk foods and skipping meals are sometimes desirable.



Here are some sentences taken from the story.

- Elmer goes to bed early every night.
- He jogs around the plaza every morning.
- Every day, he chooses fruits and bread for his snacks in the school canteen.

Go over these sentences again. Notice the underlined words. What time do these words tell? These are called *time expressions*. These time expressions are in the present tense. It talks about actions that happen regularly or habitually.

$\left(\right)$	Here are some time expressions that show habitual actions:					
	every day	every Monday/ Tuesday/Wednesday				
	every week	etc.				
	every month	once/ twice a week				
	every year	times a week/ month/year				
	every morning	during/ weekends/Saturdays				

Here are other sentences taken from the story.

- She <u>always</u> eats a healthy breakfast before going to school.
- He often skips his breakfast.

The underlined words are also time expressions in the present tense. They tell us how often something happens. They are talking about repeated or habitual activities. They are adverbs of frequency. Adverbs of frequency are often used with the **simple present tense**.

always	generally
usually	sometimes
often	occasionally



Let's check how much you have learned today.

Guided Practice

Activity 1

Directions: Fill in the blanks with the correct time expression to complete the sentence. Select the letter of the correct answer.

____1. Michael never gets sick. He eats healthy meals_____. A. next month B. yesterday C. last week D. every day ___2. Liza wants to lose weight. She skips her breakfast_____. A. yesterday morning B. every morning C. tomorrow D. last month _3. Elmer works in the office. He loves to watch football games on tv. He only watches it____. A. last Monday B. last year C. next Saturday D. every Saturday _4. Maryel and Lurace are nursing students. They always have busy weekdays. They can only go out for dinner _____ A. during weekends B. every afternoon C. everyday D. every night ____5. Vince and Prince have good grades in school. They review their lessons at home_____. A. every night B. every month

C. on Friday nights D. twice a month

Activity 2

Directions: Complete each sentence below by choosing the correct time expression inside the box.

\bigcap	every year	on Sunday	every Saturday	
	every morning	every night		

- 1. Vince eats his breakfast _____.
- 2. Paz and Jauna help their parents in their farm _____.
- 3. Rica's family goes to church _____.
- 4. My mother cooks dinner_____.
- 5. I have a party on my birthday_____.

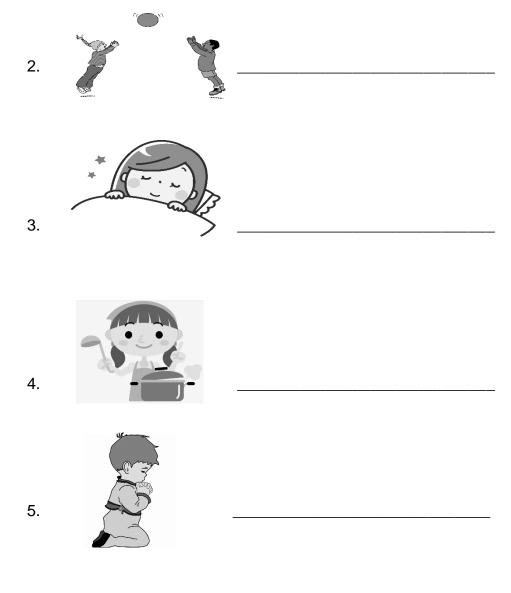
Independent Practice

Directions: Write a sentence about each picture using time expressions in the present tense.

Example:



A rooster crows every morning.





What I Have Learned

- 1. Identifying the time expressions that indicate an action in the present
- 2. Writing a sentence using time expressions in the present tense
- 3. Answering the higher order thinking skill questions from the story
- 4. The importance of practicing healthy habits always



Read each sentence carefully. Write a check mark (\checkmark) on the blank if the sentence uses correct time expression and (X) mark if it is not.

- _____1. Father goes to the farm yesterday.
- _____2. My brother and sister walk to school every day.
- _____3. Sarah hangs out with her friends during weekends.
- _____4. My little brother drinks a glass of milk last night.
- _____5. Eliza arranges the books in the shelves every afternoon.



Directions: Fill in the blanks with the appropriate time expression to complete the sentence. Choose your answer from the box.

every December	every night	everyday
every morning	every year	

1. Grace eats her breakfast before going to school _____.

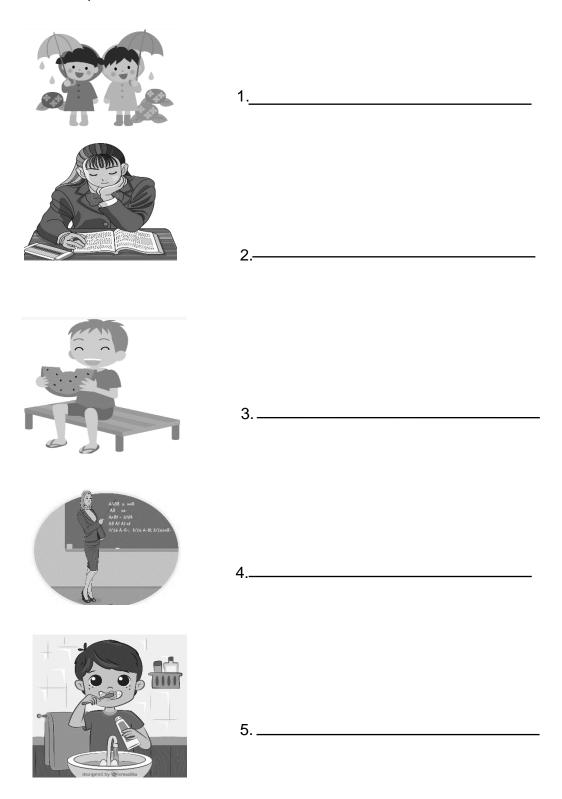
- 2. _____, Jane's family does not forget to pray before going to bed.
- 3. Sheila doesn't want to get wet in the rain. She carries an umbrella_____.
- 4. Ramil is excited for August. His parents always give him a grand birthday

party _____.

5. We adorn our house with Christmas lanterns and Christmas tree _____.

Additional Activity

Directions: Write a sentence about each picture. Use time expressions to tell an action in the present tense.



References

- Grace U. Rabelas, et al., *K-12 Teacher's Guide in English* Pasig City: Department of Education, 2015, 171
- Grace U. Rabelas, et al., *K-12 Learner's Material in English* Pasig City: Department of Education, 2015,186-187

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I Am a Filipino by Carlos P. Romulo

I am a Filipino–inheritor of a glorious past, hostage to the uncertain future. As such I must prove equal to a two-fold task–the task of meeting my responsibility to the past, and the task of performing my obligation to the future.

I sprung from a hardy race, child many generations removed of ancient Malayan pioneers. Across the centuries the memory comes rushing back to me: of brownskinned men putting out to sea in ships that were as frail as their hearts were stout. Over the sea I see them come, borne upon the billowing wave and the whistling wind, carried upon the mighty swell of hope- hope in the free abundance of new land that was to be their home and their children's forever.

I am a Filipino. In my blood runs the immortal seed of heroes-seed that flowered down the centuries in deeds of courage and defiance. In my veins yet pulses the same hot blood that sent Lapulapu to battle against the first invader of this land, that nerved Lakandula in the combat against the alien foe, that drove Diego Silang and Dagohoy into rebellion against the foreign oppressor.

The seed I bear within me is an immortal seed. It is the mark of my manhood, the symbol of dignity as a human being. Like the seeds that were once buried in the tomb of Tutankhamen many thousand years ago, it shall grow and flower and bear fruit again. It is the insignia of my race, and my generation is but a stage in the unending search of my people for freedom and happiness.

I am a Filipino, child of the marriage of the East and the West. The East, with its languor and mysticism, its passivity and endurance, was my mother, and my sire was the West that came thundering across the seas with the Cross and Sword and the Machine. I am of the East, an eager participant in its spirit, and in its struggles for liberation from the imperialist yoke. But I also know that the East must awake from its centuried sleep, shake off the lethargy that has bound his limbs, and start moving where destiny awaits.

I am a Filipino, and this is my inheritance. What pledge shall I give that I may prove worthy of my inheritance? I shall give the pledge that has come ringing down the corridors of the centuries, and it shall be compounded of the joyous cries of my Malayan forebears when first they saw the contours of this land loom before their eyes, of the battle cries that have resounded in every field of combat from Mactan to Tirad Pass, of the voices of my people when they sing:

"I am a Filipino born to freedom, and I shall not rest until freedom shall have been added unto my inheritance—for myself and my children and my children's children—forever." (Reprinted from The Philippines Herald, August 16, 1941)